



Tri-C School Menu and Notes

May 7 - 18, 2012



7 Cereal & toast Chicken patty on bun* French fries Mixed vegetables Applesauce K	8 Mini pancakes Mini tacos/burritos Bean dip Baked scoops* Whole kernel corn Fruit cup	9 Breakfast bagels Chicken & egg noodles Green peas Fruit cup	10 Pop-tart, sausage links Soup Cheese crackers Ham sandwich* Fruit cup	11 Donut, fresh fruit, Cereal & toast Chicken quesadilla* Salad with ranch dressing+ Raisins
14 Cereal & toast Hamburger on bun+ French fries Orange smiles Pickle spear K & M	15 Pancake sausage stick, syrup Soft shell tacos*+ Shredded lettuce, Cheese+ Whole kernel corn Frozen fruit juice bar	16 Cereal & toast Sunbutter & jelly sandwich Chips* Baby carrots w/ ranch dip+ Apple slices <i>(Sunbutter made from sunflower seeds)</i>	17 Assorted Danish Corn dogs # Baked beans Corn chips Grapes K & M	18 Donut, cereal, toast, fresh fruit Pizza+* Lettuce salad Ranch dressing* Orange sherbet >

Menu Key:

All meals served with choice of milk (1% or fat free – white or chocolate milk).

Breakfast served with choice of milk or juice (assorted 100% juices). Cereal and toast offered every morning as an alternate. Menus are subject to change due to availability of food. This institution is an equal opportunity provider.

* = whole grain product

+ = reduced or low fat

= turkey product

> = fruit substitute

K = ketchup

M = mustard (available upon request)

Menus are posted on the Tri-C website link of www.cartervilleions.com. They will also be printed in The Courier newspaper.

***Payment notice: At this time, all cafeteria services should be paid in advance. All unpaid school meal accounts are subject to collection. Please contact your child's school to make payment arrangements if necessary. To avoid collections, all balances must be paid in full on or before May 22.**

Upcoming Dates:

May 4 – Block Party 5-7:00 p.m. – TONIGHT!!!! - (Please see below for details – RAIN DATE is May 11)
CHS Dedication 7:00 p.m. (located in the CHS Auditorium)

May 7-11 – Teacher Appreciation Week

May 8 – PTO Meeting 6:30 p.m.

May 9 – National School Nurse Day

May 11 – Cook and Student Supervisor Appreciation Day
4th grade Transition Day (4th Grade Students visit CIS)

May 16 – All Star Review 9-11:00 a.m.

May 17 – Kindergarten Spring Sings (12:45 & 1:45 p.m.)
Board Meeting 7:00 PM

May 18 – Play Day at Tri-C
8th Grade Promotion @ CHS 7:00 p.m.

May 19 – Carterville High School Graduation @ CHS 7:00 p.m.

May 21 – **NO SCHOOL (Teacher Institute Day)**

May 22 – Report Card Day (9:00 a.m. Dismissal)

Lost & Found:

Our Lost & Found is overflowing!
If your child is missing anything, please check the Lost & Found.
All items left in Lost & Found will be donated to charity on May 23.

***Summer School Office Hours** – May 23-June 5 and July 30-August 14 – 8:00 a.m. to 4:00 p.m. daily

***2012-2013 School Year will begin on Wednesday, August 15, 2012** (information packets will be mailed home this summer)

Health Tip:

This is a reminder that head lice are brought into the schools unintentionally by unsuspecting children. The peak time that children become infested with head lice is in the summer. However, because head lice are so small, and because symptoms of itching may not develop for weeks or even months after infestation, they can sometimes be very hard to detect until infestation has occurred. This message is a reminder to check your child's head for lice or nits, should symptoms arise. Please contact the school nurse for further questions or information.



This is the last menu for the school year. Have a fun and safe summer!!!



Carterville BLOCK PARTY

Friday, May 4, 2012
5:00 - 7:00pm
Downtown Carterville
Behind City Hall
Fun for the whole family!!!

In case of rain...
RAIN DATE: May 11, 2012

IT'S ALL FREE!
Music!
Food!
Prizes!
Games for the Kids!



We will also be honoring community Asset Builders. School-aged youth are encouraged to be a part of the fun by collecting the entire set of "Asset Builder" trading cards over the course of the evening!!! Those who collect the entire set will have a chance to win prize packs!

HUMANA. Partnership
Guidance when you need it most For Youth



City of Carterville
Carterville Rotary
Carterville Chamber of Commerce

devassets.com

WHY A BLOCK PARTY?

In America, we're losing connections with our neighbors. This alcohol-free family event is an excellent opportunity to re-connect with your community and build assets in your child and other kids in our neighborhood. According to Search Institute's 40 Developmental Assets model, "Community Valuing Youth" and "Caring Neighborhoods" are two of the 40 Developmental Assets that kids need to grow up healthy and drug-free.