



*Carterville Unit #5 School District
306 Virginia Avenue
Carterville, IL 62918*

*Mr. Tim Bleyer, Superintendent
618-985-4826*

September 14, 2009

Dear Parents,

Many of us are hearing information on the news and in the media regarding the H1N1 flu previously known as swine flu. The Carterville School District is making every attempt to be proactive in our approach of dealing with this potential health issue.

Some of the preventative measures that our school district is taking include promoting good hygiene practices such as increasing the opportunity to wash hands and use hand sanitizer, encouraging students to cover their coughs and sneezes in appropriate ways, and reviewing and adjusting current cleaning practices throughout our district.

We would like for you to assist us in helping to create a healthy learning environment by taking the following steps:

- Talk to your child about the importance of washing hands often and covering coughs and sneezes to control the spread of germs. Remind them to not share drinks, to avoid touching their eyes, nose, and mouths, and to stay away from people who are sick.
- If your child had a fever of 100 degrees Fahrenheit or higher, he/she should be without a fever for 24 hours without the use of medicine (i.e. Tylenol, Motrin, etc.) before returning to school.
- If your child has a low grade fever (99.5-99.9 degrees Fahrenheit) and has coughing, muscle aches, sore throat, and fatigue or lethargy please keep your child at home until they are feeling better or they have been without the low grade fever for 24 hours without the use of medicine (i.e. Tylenol, Motrin, etc.).
- Please be prepared and supportive of the school if your child is sent home sick. At this time any student who has flu-like symptoms will be asked to wear a mask and removed from other students until they leave the school building. This is a precaution that we will be taking and does not in any way diagnose your child with H1N1 flu.
- Please notify the school if your child has tested positive for Influenza A or has flu like symptoms that prevent them from attending school for multiple days. We feel strongly about protecting the privacy of our students and will keep your child's health information confidential. Your reports are important to help us track if we experience an increase of flu illness in our schools.

We will continue to keep you informed throughout the school year of how our school district is managing the H1N1 and regular flu season. We are dedicated to working together with you to ensure the safety of your child while attending the Carterville School District. If you have any questions please contact Crystal Young, Intermediate/High School Nurse at 985-6411 or your building principal.

Sincerely,

Tim Bleyer, Superintendent

Crystal Young, RN, BSN, CSN School Nurse